[/Users/hansgoedbloed]$ sudo port -d rev -upgrade

Password:

DEBUG: Copying /Users/hansgoedbloed/Library/Preferences/com.apple.dt.Xcode.plist to /opt/local/var/macports/home/Library/Preferences

Usage: port

 [-bcdfknNopqRstuvy] [-D portdir|portname] [-F cmdfile] action [actionflags]

 [[portname|pseudo-portname|port-url] [@version] [+-variant]... [option=value]...]...

"port help" or "man 1 port" for more information.